



## NDRF'S FAMILIARIZATION EXERCISE (FAMEX) 2025 - PALAKKAD

FIELD	DETAILS
Event Name	NDRF's Familiarization Exercise (FAMEX) 2025 - Palakkad
Event Date	13/10/2025 - 19/10/2025
Duration of the Event	7 days
Event Venue	<ol style="list-style-type: none"> <li>1. District Industries Centre, Palakkad</li> <li>2. BPCL LPG Terminal, Kanjikode</li> <li>3. Government Higher Secondary School, Big Bazaar</li> <li>4. Government High School, Big Bazaar</li> <li>5. Government College Chittur</li> <li>6. Alathur Taluk: Ezhumala, Vaveli, Kattussery, Panniparakunnu and Ezhuthankadu</li> <li>7. Chittur Taluk: Cherunelli, Nelliampathy, and Seetharkkundu</li> </ol>
Conducted / Organised by	Jointly conducted by the District Disaster Management Authority, Palakkad and National Disaster Response Force.
Details of the Event	<p>Palakkad District Disaster Management Authority and National Disaster Response Force jointly organised a Familiarization Exercise from 13th to 19th October 2025 at various locations of Palakkad District.</p> <ol style="list-style-type: none"> <li>1. <b>Meeting with Chairperson DDMA &amp; District Collector and CEO &amp; Additional District Magistrate, Palakkad:</b> The NDRF team officials met DC and ADM and discussed the week-long FAMEX plan on 13/10/2025.</li> <li>2. <b>Capacity Building Programme for Volunteers:</b> A practical training session on the following topics were conducted for Apada Mithra, Civil Defence and Trauma Care Volunteers on 13/10/2025 at District Industries Centre, Palakkad: <ol style="list-style-type: none"> <li>a. Introduction to disaster, its types &amp; its effects.</li> <li>b. Role &amp; responsibilities of NDRF</li> <li>c. Capacity building on first aid.</li> <li>d. Lifting and carrying methods</li> <li>e. Bleeding control</li> <li>f. CPR (Cardiopulmonary Resuscitation)</li> <li>g. FBAO (Foreign Body Airway Obstruction)</li> </ol> </li> </ol>





	<p>h. Splinting techniques</p> <p>i. Triage</p> <p>j. Improvised stretchers</p> <p>k. Improvised floating devices, Lifejacket , Lifebuoy etc</p> <p>l. Earthquake - Dos and don't s following safety drill</p> <p>m. Fire safety</p> <p>n. Info about Mausam Sachet Damini Bhukamp apps</p> <p>3. <b>Visit to Major Accident Hazard Units (MAH):</b> The NDRF team along with Hazard Analyst and DM Plan Coordinator visited the BPCL LPG Terminal, Kanjikode, one of the Major Accident Hazard/Industrial Units of the Palakkad district on 14/10/2025. The visit witnessed the interaction between the officials and employees on the safety measures and emergency management capacities of the units. Relevant safety related documents were collected by the NDRF team.</p> <p>4. <b>School Safety Program (SSP)</b> - Two hands-on awareness sessions on School Safety were conducted at the Government Higher Secondary School, Big Bazaar and Government High School, Big Bazaar respectively on 15/10/2025 to enhance school-level disaster preparedness and response capacity by the team.</p> <p>5. <b>Community Awareness Program (CAP)</b> - An awareness session on Disaster safety was conducted at the Government College Chittur on 16/10/2025 by the team to strengthen community-level disaster preparedness and first-response skills. Around 200 student participants, including NSS Volunteers from Government College Chittur and NCC Cadets from different colleges across the district, actively took part in the session.</p> <p>6. <b>Visit to Landslide Vulnerable areas - Alathur Taluk:</b> The NDRF team along with Hazard Analyst, DM Plan Coordinator and village officials visited the Landslide prone areas of Alathur Taluk in the district on 18/10/2025. The locations included Ezhumala, Vaveli, Kattussery, Panniparakunnu and Ezhuthankadu which seriously affected the community during the landslide events which occurred during 2018, 2019 and 2024.</p> <p>7. <b>Visit to Landslide Vulnerable areas - Chittur Taluk:</b> The NDRF team along with Hazard Analyst, DM Plan Coordinator and village officials visited the Landslide prone areas of Chittur Taluk in the district on 19/10/2025. The locations included</p>
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	<p>Cherunelli, Nelliampathy, and Seetharkkundu which were among the areas affected by landslide events in 2018, 2019, and 2024.</p> <p>As part of the familiarization process, the District Information Folder comprising essential information on administrative setup, hazard-prone areas, resource inventories, and emergency contact networks was shared with the NDRF team to support effective coordination during the exercise.</p>
Total Number of Participants	331
Number of Females	45
Number of Males	62
Number of Others (Non-binary / Transgender)	0
Number of Children (below 18 years)	224
Role Played by the Officer(s)	<ol style="list-style-type: none"> <li>1. Mr. Aneesh S (Assi. Sub Inspector, NDRF Team Commander) - Instructor</li> <li>2. Mr. Vyshakh K Das (NDRF) - Instructor</li> <li>3. Mr. Bijith (NDRF) - Instructor</li> <li>4. Mr. Muhajir Moideen (NDRF) - Instructor</li> <li>5. Mr. Syedalavi (NDRF) - Instructor</li> <li>6. Ms. Lekha Chacko (District Hazard Analyst) - Organizer</li> <li>7. Ms. Asha V K Menon (LSG DM Plan Coordinator) - Organizer</li> <li>8. Mr. Imran Khan (Aapda Mitra Volunteer) - Support Staff</li> </ol>



Output from the Event	<ul style="list-style-type: none"> <li>• Strengthened coordination between NDRF and District Administration.</li> <li>• Enhanced volunteer capacity in first aid, CPR, fire and earthquake safety.</li> <li>• Improved industrial safety preparedness through MAH unit visit (BPCL LPG Terminal, Kanjikode).</li> <li>• Conducted School Safety Programmes benefiting over 300 students and teachers.</li> <li>• Organized Community Awareness Programme with more than 200 NSS and NCC volunteers at Government College, Chittur.</li> <li>• Carried out field visits to landslide-prone areas in Alathur and Chittur taluks for vulnerability assessment.</li> <li>• Strengthened community resilience and disaster preparedness in Palakkad District.</li> </ul>
Sendai Framework Priority Addressed	SF1, SF2, SF3, SF4
PM's 10-Point Agenda – Point Number(s)	PM1, PM4, PM5, PM6, PM7, PM8, PM10
SDG Goal(s) Aligned	SDG3, SDG4, SDG9, SDG11, SDG13, SDG16, SDG17
Photo/Video/Media Links	<p><i>Meeting with Chairperson DDMA &amp; District Collector and CEO &amp; Additional District Magistrate, Palakkad</i></p> <div>   </div>





### Capacity Building Programme for Volunteers



### MAH Unit Visit - BPCL, Kanjikode







*School Safety Program (SSP) at Government High School, Big Bazaar*



*School Safety Program (SSP) at Government Higher Secondary School, Big Bazaar*







### *Community Awareness Program (CAP) at Govt. College Chittur*



### *Visit to Landslide Vulnerable areas - Alathur Taluk*







*Visit to Landslide Vulnerable areas - Chittur Taluk*

